



Wideview Public School

Learn Wisely Live Proudly

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Messages from the Principal

The Department of Education has recently launched the Everyday Maths Hub - an exciting new online resource for parents. The purpose of the hub is to help parents and carers support their children's learning, engagement and development in mathematics.

The NSW Minister for Education, Sarah Mitchell, has officially launched the Maths campaign [#MathsTrains-Brains](#), alongside the [Everyday Maths Hub](#), as part of the NSW Mathematics Strategy and has said, *Mathematics is the foundation of problem-solving and reasoning, and I'm excited to see these impressive initiatives support you as you equip our students with the mathematics skills they need to succeed in life.*

I encourage our parents to take a look at the site and to use it to explore the world of mathematics in our everyday lives, to encourage children to observe maths at work around the home and to encourage children to put their skills to use with the fun indoor activities.

Waste Warriors

As a school we are working towards sustainability and a waste free school but just recently more and more rubbish and litter from lunchboxes is accumulating in our playgrounds and going into the drains.

Could I encourage you to minimise the packaging used for your child's morning tea and lunch, as this will also discourage children from doing the wrong thing and literally dropping waste on the ground. We will certainly talk to the children about it at school too!

Selective High School Application for Year 7 in 2022 - closing date

Applications for placement in Year 7 in selective high schools in 2022 opened on 13 October 2020 and will close on 16 November 2020. Late applications will not be accepted. Parents apply through the Selective high schools - Year 7 website. The online application link is available from this website from 13 October 2020 until 16 November 2020. Parents without internet access or who cannot use a computer can apply at a public library.

Minimising Risk of COVID-19 Transmission: Updated Advice for NSW Schools

- Schools should continue to exclude students and staff with even mild symptoms of COVID-19 and encourage them to seek testing immediately. Parents of symptomatic children will still need to provide evidence of a negative test result on their child's return to school.
- In the case of seasonal allergic rhinitis or other conditions that presents similarly to COVID-19 and in the presence of continuing symptoms, **the child will need a negative COVID-19 test result and a letter** from their GP confirming that the child should be permitted to return to school. If the child's symptoms change from their usual symptoms, repeat COVID-19 testing should be performed.
- Non-essential adults should continue to be excluded from school unless involved directly in delivery of curriculum activities or health services. All teachers, coaches and volunteers should continue to ensure they maintain physical distancing during, before and after school or sporting activities.
- Good hand hygiene practices should continue to be supported along with the other measures outlined in the school and community sports COVID-19 Safety Plan.

Help Your Child to Build Resilience

Research by Hagit Cohen, Joanna Kim, Gang Wu and Adriana Feder in 2013 defined Resilience as the ability to adapt successfully in the face of stress and adversity. Their research found that stressful life events, trauma, and chronic adversity can have a substantial impact on brain function and structure, and can result in the development of post-traumatic stress disorder (PTSD), depression and other psychiatric disorders.

It's important to remember that as parents, it's natural for us to want to protect our children from negative experiences, but it's important not to shield them completely from life's challenges. Working through difficulties and problems, with adult support as required, will give your child a chance to learn about themselves, develop resilience, and grow as a person.

There are a range of actions parents can take to help their children build resilience.

In order to build your child's autonomy and independence Cohen. et. al suggested activities such as encouraging your child to prepare their own school lunch or contribute to cooking the family meal. By gradually increasing the complexity of these or other tasks enables the child to build on their independence.

It is important to give the child opportunities to problem solve. Feder recommends talking to your child about how they might address a problem, rather than rushing in to solve the problem for them. For example, ask your child what they might do if they forget their lunchbox, so the child doesn't have to rely on their parents to deliver the lunchbox to school.

Developing strategies for dealing with difficult situations such when they feel left out of a friendship group or if they are feeling stressed about school tests. As a parent you can help them develop a plan for these situations so they are prepared when and if it does occur. Remind your child of all the people around them who can help. Encouraging your child to come up with their own solutions helps them to learn problem solving.

Dennis Charney, 2011 identifies the importance of us adults being a role model for our children. He recommends trying to model 'healthy thinking' when facing challenges of your own. Healthy thinking means looking at life and the world in a balanced way (Canadian Mental Health Association, 2011).

Healthy thinking teaches children to know how their thoughts (both helpful and unhelpful) affect problems or feelings in everyday life. With practice, children can learn to use accurate thoughts that encourage them instead of negative thoughts that discourage them.

You can do this by thanking other people for their support, and saying, “Things will get better soon. I can cope with this”. This shows that you expect that good things are possible. You can also role model calm and rational problem-solving when something doesn’t go as expected. Talk out loud the thought process you are having in solving a problem. Your child can see what problem-solving looks like, and also that the problem can be worked through in a calm way to find a solution.

Regards,

Mr McTernan

Stage 3 Public Speaking

We would like to congratulate our finalists for the Stage 3 Public Speaking Competition 2020. Unfortunately parents were not able attend this year to hear the children deliver their speeches, but rest assured that the speeches were of the highest calibre.

We would like to congratulate Scarlett C who achieved 1st place and Jesse L for taking out second place.



Funky Socks and Ice Blocks Day

Thanks to all of the children that participated yesterday. There was an impressive array of extremely funky socks on parade. Over \$600 was raised, which will go toward the Year 6 gift to the school.



Library borrowing and overdue books

As we are rapidly approaching the end of the school year, we will be stopping all borrowing from the library at the end of Week 5. This means that Friday 12 November will be the final day of borrowing. All books must be returned to the library promptly so we can complete a stocktake of the books before the end of the year. If your child has any books at home or if you have received an overdue book notice, we ask that you please help us by locating the books and sending them back to school. We thank you for supporting our school library.

Mr Smith

Waste Warriors Update

The Wideview Waste Warriors have been busy learning about **composting**! Throughout the rest of the term we will be relocating and re-establishing our compost bins and placing small compost buckets in classrooms and the playground to collect fruit and vegetable scraps to turn into lovely soil for our school gardens. If you're not already seeing the benefits of composting in your gardens, learn how to here: <https://www.hornsby.nsw.gov.au/property/waste/organic-waste/Compost-and-Worm-Farming>



Our “Trash Free” Tuesdays have been embraced by families across the school. Thank you for helping to reduce the waste at Wideview - let's try and go waste free every day!

Recycling - If you don't have time to drop off your own batteries, mobile phones, ink cartridges or bread tags to the closest recycling centre, send them in with your child and the Waste Warriors will do it for you.



School Travel for 2021

Students who require an Opal card or travel pass for 2021 can now apply online. Applications need to be submitted before 31 December 2020. Please see attached document for further information.

No Access to School Premises

A reminder to all parents/visitors that you must gain approval before entering the school grounds, please contact the office (T: 9456 1655) and state your business before accessing the premises. All parents/visitors, including parents dropping off late and picking children up early **MUST** go straight to the office and sign in as a visitor and complete the 'External Visitors to School Site' form acknowledging their responsibilities to health and hygiene as well as leave their details for the purposes of contact tracing. If you are collecting a student early, please organise with the office staff prior to your arrival to have your child ready in the office, please do not collect your child from their classroom or the playground and please do not walk around the school grounds for any reason.

School Travel for 2021



2021 school travel applications are now open

Applications for student travel in 2021 opened from Monday 12 October 2020.

Students who require a School Opal card or travel pass for 2021 can now [apply](#) online. A new application should be submitted if a student is applying for a school travel pass for the first time or requesting an additional pass as a result of a new shared parental responsibility situation (e.g. joint custody).

Students who have changed school/campus, changed address, repeated a year or received an expiry notification from Transport for NSW for their school travel entitlement should [re-apply or update their details](#).

*Applications must be completed by the student's parent or legal guardian if the student is aged under 16 years. Students 16 years and over must complete the application form themselves.

Where there is a change of distance eligibility based on a student's grade, the system will automatically update a student's entitlement if they meet the new criteria. If they do not meet the new [eligibility criteria](#), they will receive an expiry notification via email.

Students who have an entitlement approved under a medical condition which is due to expire will receive a notification advising them to re-apply.

[Term Bus Pass](#) holders will receive a notification to re-apply.

If a student needs to update their information or re-apply, they should go online to <https://apps.transport.nsw.gov.au/ssts/updateDetails>

Applications need to be submitted before **31 December 2020** to ensure that current student entitlements are updated and their current entitlement/card remains valid. If their application is submitted after 31 December 2020, the system will automatically cancel an entitlement/card and a new one will need to be issued.

Students in the Opal network applying for a SSTS or Term Bus Pass entitlement for the first time will receive their card at their nominated postal address. Cards will be mailed out from January 2021.

Students residing in Rural and Regional (R&R) areas should receive their travel pass at the commencement of the new school year from their nominated operator, this may be distributed via the school or sent direct to their address. **Note:** some R&R operators do not issue travel passes. Students/Parents should confirm with their nominated operator if they do not receive a pass.

New Concession Entitlement Cards

Transport for NSW will be replacing the below cards with Transport Concession Entitlement Cards (TCEC) from October 2020:

- Senior Secondary Student Concession Card (16 years and over) – also used by Mature Secondary Students (18 years and over), Distance Education Students and Home School Students
- Proof of Age card (when a student under 16 years of age looks older)
- Boarder Rail Pass.

All previous cards will be valid until they expire. Students who require a Transport Concession Entitlement Card should speak with their school administration staff.

Enquiries regarding school student travel can be submitted to Transport for NSW at:

<https://transportnsw.info/contact-us/feedback/passes-concessions-feedback>

School Calendar

The Calendar is updated each week. Please check regularly for any additions or changes which will be marked in red for your convenience.

Term 4 2020		
November		
Tuesday	3—15 November	Kinderlinks
Thursday	5—26 November	Kinderlinks
Friday	6—27 November	Kinderlinks
Monday	9 November	Book Week Dress-up
Wednesday	11 November	Remembrance Day Assembly
Tuesday	17 November	Prefect Speeches
Wednesday	18 November	Kindy 2021 Parent Information Zoom Meeting
Thursday	26 November	Sports Captain Speeches
December		
Monday	14 December	Year 6 Farewell
Wednesday	16 December	Students last day

Merit Awards

KS	Aurion A, Nawa N	KGM	Liam C, Emily Y	KH	Alina T, Emily O
1L	Arlen D, Indi L	1S	Anastasia G	1/2F	Leo D, Archi H
2C		2D	Lumi M, Nate NK	3P	Lyla SB
3T	Sienna R, Irie A	4AV	Amber E, Sam B	4LR	Hamish M, Ruby L
5C	Miles T, Violet T	5J	Laura B, Lauren S	5/6M	Katie Z, Annabelle S
6H	Chiara T, Molly S				

Exceptional Learning Opportunities for Boys



2022 Year 7 Enrichment Class Application



Asquith Boys High School is offering places in 2022 for their Year 7 Enrichment Class.



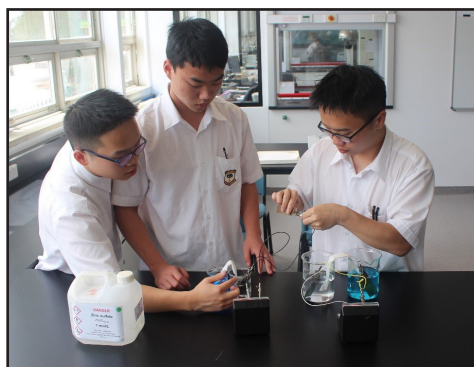
The Enrichment Class caters for students who are talented in literacy and numeracy, providing challenging extension opportunities that include creative and critical thinking.

**Applications open Monday 9 November.
For an application package go to
our website**

**www.asquithboy_h.schools.nsw.gov.au
or contact the school on 9477 3508.**



The Enrichment Class application and portfolio must be submitted to Asquith Boys High School by Monday 30 November 2020.



Students will receive placement offers in the Enrichment Class for 2022 by the end of the current school year.

Photos from top to bottom: 3D Printer, Food Technology and New Science Labs

Leadership, Citizenship, Science , Technology, Creative Arts and Sporting Excellence



Email: wideviewpandc@gmail.com



www.facebook.com/WideviewPublicSchoolPandCEvents/

P&C Update

Next P&C Meeting

Our next P&C meeting will be Monday 16th November at 7pm via zoom. Please email wideviewpandc@gmail.com for the zoom link. In this meeting we will be discussing events and planning for 2021.

P&C Event – Rebecca Sparrow

Recently our Year 5 & 6 girls attended a zoom event by Rebecca Sparrow. Bec's life mission is to help tween and teen girls have a better experience of high school. Bec has a large following on Facebook and is well known for her advice to girls around friendships, drama cyclones, personal boundaries and the like. She's written several books, been on podcasts and provided resources to many, many parents of tween and teen girls.

We're pleased to announce that we have secured Bec for a zoom event for parents. This event will be held on **Tuesday 17th November at 8pm**. This is a parent only event. There will be a charge of \$10 to attend this zoom event. You will receive a copy of the recording after the event. If the \$10 will cause you financial hardship, please email me at wideviewpandcpresident@gmail.com and we can help you out.

If you want to look further into Rebecca, her website is www.rebeccasparrow.com.au and her Facebook page is <https://www.facebook.com/RebeccaSparrowWriter>. We highly recommend following her if you're on Facebook.

The link to purchase a ticket to the zoom event is here: <https://www.trybooking.com/BMPEG>

Wideview Band

On Thursday, the Wideview junior and senior bands combined to put on a lunch time performance for the infant's kids. Every year we hold a "Come and Try" and instrument day where the kids can come and hear some instruments being played and get a chance to try them out. Unfortunately, with Covid, we are unable to do this, so instead we had a concert and an introduction to the instruments after.

Each child will have been given an information pack about the band, costs, requirements etc.

Playing a musical instrument is a wonderful thing. It works the brain in ways that improve all areas (it's quite mathematical, but shhhh, don't tell them that). It's social, and it's just good fun.

We get to play at Fetes, assemblies, the local music festivals and band camps.

If you would like your child to try playing an instrument please check your school bag for the info pack, or feel free to email our very friendly conductor, Pippi at pippieisner@hotmail.com

Online ordering for Canteen and Uniform Shop – via Qkr!

A reminder that all our uniform shop and canteen ordering can be done via Qkr!. Qkr! is very easy to use once set up, either via an app or for those of you who don't have enough space on your phone for another app, you can use the web browser. Its quick and simple to use. Our uniform shop sales are live so if we're out of stock of an item you won't be able to purchase it. Even our good condition second-hand items are being sold via Qkr!.