Term 4 Week 5





Wideview Public School

Learn Wisely Live Proudly

T: 02 9456 1655 E: wideview-p.school@det.nsw.edu.au

Messages from the Principal

NAIDOC Week is a time to reflect and to celebrate the rich histories, cultures and achievements of Australia's First Nations People – recognising Aboriginal and Torres Strait Islander peoples as the Traditional Custodians of the lands and waters and celebrating their ongoing contribution to our country and society.



The theme for NAIDOC Week 2020 is 'Always Was, Always Will Be', recognising that First Nations peoples have occupied and cared for this continent for over 65,000 years. NAIDOC 2020 invites all Australians to see, hear, learn about and embrace the history of this country which dates back thousands of generations.

We know that the very first footprints on this continent were those belonging to First Nations people and that Aboriginal and Torres Strait Islander peoples have maintained ongoing spiritual and cultural connections to the land, waterways and sea. It's exciting to reflect that Aboriginal and Torres Strait Islander peoples were Australia's first explorers, first navigators, first engineers, first farmers, first scientists, astronomers and artists.

As you go about your daily routines, remember that you walk on Aboriginal Land, sacred and important land; tread with care, love and respect.

Respectful Relationships – Inside and Outside School

Social media issues that occur outside school and impact in-school behaviour and relationships are, where applicable, managed in the school. We have had reason to contact Police and the Youth Liaison Officer to address students for their online behaviour. Consequences at school can include attendance at all end of year functions being in jeopardy. I ask you to take a proactive role in supervising your children's use of social media. There are no 13 year olds at Wideview PS, yet many students have access to Instagram, Tik Tok and Snap Chat.

We are increasingly dealing with issues at school that are initiated via social media – threatening and menacing commentary is deemed bullying and if occurring at school will be addressed by us. Outside school incidents should be reported to the Police to deal with as they also take a serious view on Cyber bullying.

These matters cause MUCH harm and grief to students and staff alike. Staff speak regularly with students and safety is taught. Please be closely monitoring all communications and engagements you children are having online. It is important that if inappropriate posts are sent to your children you are to screen shot it and report it to the Police.

Online Games

Online games can be great fun for your child, but make sure you can help them manage the risks.

• 81% of children aged 8 to 17 have played an online game.

How to create a safer gaming environment for your child

Prepare

- Locate the computer or games console in an open area of your home, or if your child is playing on their handheld device, get them to do it in the family room.
- Install current security software on all devices to protect against viruses, malware and other online threats.
- Activate parental controls and safety features on the device or in the app or browser. These controls
 can help restrict access to certain content and limit spending on in-game and in-app purchases.

Build good habits

- Help your child to protect their privacy online get them to use a screen name that does not reveal their real name.
- Teach your child not to click on links provided by strangers, like 'cheat' programs to help with game play, which might expose their device to viruses or malware.
- Agree on strategies to help them to switch off, like a timer that signals game time is nearly over, with consequences for not switching off.

Stay involved

- Talk regularly with your child about their gaming interests and who they play with online. Help them understand the risks.
- Play alongside your child to get a better sense of how they are handling their personal information and who they are communicating with.
- Monitor the time your child spends online and keep a look out for any changes in their activity, school
 or social behaviours.
- Encourage your child to tell you if they experience anything that worries them or makes them uncomfortable.

Be aware of what they are playing

- Games vary in their level of violent or sexual content, and may contain themes, language and images that are unsuitable for your child.
- You can check the age guidelines and classification for an individual game on its website or product packaging, or from the *Australian Classification Board's* public database.
- The Australian Classification Board also has useful *information on violent video games* to help parents and their children decide what video games are appropriate for them.
- Useful information about games ratings can also be obtained from the Pan European Game Information (PEGI) and the US Entertainment Software Rating Board (ESRB).

• Review sites can also be a good source of information about age appropriate content – check out the Australian Council on Children and the Media, Kiwi Families (NZ), Common Sense Media (US), Parents' Choice (US) and Ask About Games (UK).

Empower your child

- Wherever possible, help them make wise decisions for themselves, rather than tell them what to do.
- Try to provide them with strategies for dealing with negative online experiences that will build their confidence and resilience.

COVID Update for Families

Yet again there are new guidelines for schools as we head into the final six weeks of the school year. The latest advice is that end-of-year community events such as small group celebrations at an outdoor setting, limited to 30 attendees including parents and carers, students and staff are allowed. Sadly, these restrictions on the numbers will mean that it is not possible for us to have parents on site for presentation days or the Year 6 farewell. The Stage 3 team are feverishly scheming up ways to make the Year 6 farewell a reality and will have a finite plan within the next few weeks. From 12 November, the following activities can take place:

- Year 7 transition to high school in Term 4.
- School planned end of year events can proceed in a COVID-safe way while adhering to relevant COVID-19 Safety Plans.
- P&C meetings may occur on the school site with executives and invited guests. These meetings must occur outside of school hours and are limited to a maximum of 20 people. Physical distancing and hygiene measures must be adhered to at all times. All attendees must sign the visitor acknowledgement form upon arrival.
- P&C or other community social events or functions, fundraisers, fetes and barbecues are not permitted in Term 4.

Again thank you to our great community for their ongoing support during this difficult time.

Transition to Year 7

Our year 6 teachers are meeting with the year 7 advisors and counsellors to discuss the academic, social and emotional needs of all students going to various high schools. We also support students who will be attending private schools. These schools seek the completion of questionnaires from us to assist them in their planning for these students. Our students attend the open days, orientation days to each school prior.

It is perfectly normal for all people no matter what their age to feel anxious about change. The purpose of these programs are to show children what the change will look like in advance. Headache, tummy pain, sleeplessness is normal. This is a short-term occurrence and will pass for most students. A small number of children, will require further support to transition successfully. The school will work with these students, their parents and the high school to support the student.

Kind regards,

Mr McTernan

Library borrowing and overdue books

As we are rapidly approaching the end of the school year, we will be stopping all borrowing from the library at the end of Week 5. This means that Friday 12 November will be the final day of borrowing. All books must be returned to the library promptly so we can complete a stocktake of the books before the end of the year. If your child has any books at home or if you have received an overdue book notice, we ask that you please help us by locating the books and sending them back to school. We thank you for supporting our school library.

Mr Smith

NAIDOC WEEK

8 - 15 November 2020

"ALWAYS WAS, ALWAYS WILL BE"

During NAIDOC week, we will be celebrating and appreciating the First Nations People of Australia. We will be changing the school bell, exploring Dreamtime stories, playing Indigenous sports and games, and engaging in Aboriginal art activities.



COVID Symptoms and absences

In accordance with advice from NSW Health, parents and carers are reminded NOT to send children to school if they are unwell, even if they have the mildest flu-like symptoms. Schools will make arrangements for students who present as unwell or have flu-like symptoms to be sent home. NSW Health have requested that schools encourage anyone who is unwell or has even mild flu-like symptoms, to arrange to be tested through their local medical practitioner or one of the COVID-19 clinics.

Symptoms include:

- Fever
- Cough
- Sore or scratchy throat
- Shortness of breath
- Loss of smell/taste

Students with flu-like symptoms will need to provide a copy of a negative COVID-19 test result before being permitted to return to school. We ask that you please forward results to the office at wideview-p.school@det.nsw.edu.au please DO NOT send to the class teacher. When completing an absent note we kindly ask that you please be specific in terms of reasons, if only 'unwell' or 'sick' is noted we will have to follow up further.

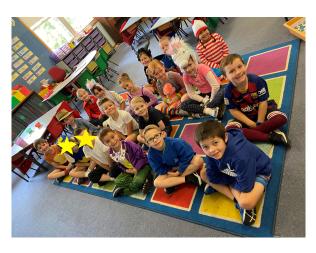
Parents are also reminded that students should not return until symptom free, regardless of whether they require a COVID test or not.

Book Week Dress-up day



















No Access to School Premises

A reminder to all parents/visitors that you must gain approval before entering the school grounds, please contact the office (T: 9456 1655) and state your business before accessing the premises. All parents/visitors, including parents dropping off late and picking children up early MUST go straight to the office and sign in as a visitor and complete the 'External Visitors to School Site' form acknowledging their responsibilities to health and hygiene as well as leave their details for the purposes of contact tracing. If you are collecting a student early, please organise with the office staff prior to your arrival to have your child ready in the office, please do not collect your child from their classroom or the playground and please do not walk around the school grounds for any reason.

School Calendar

The Calendar is updated each week. Please check regularly for any additions or changes which will be marked in red for your convenience.

Term 4 2020				
November				
Tuesday	3—15 November	Kinderlinks		
Thursday	5—26 November	Kinderlinks		
Friday	6—27 November	Kinderlinks		
Tuesday	17 November	Prefect Speeches		
Wednesday	18 November	Kindy 2021 Parent Information Zoom Meeting		
Thursday	26 November	Sports Captain Speeches		
Monday	30 November	Stage 3 Surf Day		
December				
Monday	7 December	Stage 3 Movie Day Excursion		
Tuesday	8 December	Stage 3 Gibberagong Excursion		
Monday	14 December	Stage 2 Gibberagong Excursion		
Monday	14 December	Year 6 Farewell		
Wednesday	16 December	Students last day		

Merit Awards

KS	McKenzie M, Max G	KGM	Anders R, Sophia B	KH	Annika G, Angus P
1L	Owen M, Lucas B	1S	Rocco G, Lily I	1/2F	Ben Q, Georgia D
2C	Eloise W, Jake P, Max W	2D	Ava B, Jason S	3P	
3T	Samuel H, Mike K	4AV	Cohen J, Dylan Y	4LR	Sophie H, Curtis S-G, Patrick G
5C	Charlie L, Max C, Hayden D	5J	Peppa H, Kelsey B	5/6M	Henry L, Theo G, Sasha O, Olivia
					М
6H	Keesha N, Royce T, Bryce K				





Email: wideviewpandc@gmail.com



www.facebook.com/WideviewPublicSchoolPandCEvents/

P&C Update

Next P&C Meeting

Our next P&C meeting will be Monday 16 November at 7pm via zoom. Please email <u>wideview-pandc@gmail.com</u> for the zoom link. In this meeting we will be discussing events and planning for 2021.

P&C Event – Rebecca Sparrow REMINDER

Recently our Year 5 & 6 girls attended a zoom event by Rebecca Sparrow. Bec's life's mission is to help tween and teen girls have a better experience of high school. Bec has a large following on Facebook and is well known for her advice to girls around friendships, drama cyclones, personal boundaries and the like. She's written several books, been on podcasts and provided resources to many, many parents of tween and teen girls.

We're pleased to announce that we have secured Bec for a zoom event for parents. This event will be held on **Tuesday 17 November at 8pm.** This is a parent only event. There will be a charge of \$10 to attend this zoom event. You will receive a copy of the recording after the event. If the \$10 will cause you financial hardship, please email me at wideviewpandcpresident@gmail.com and we can help you out.

If you want to look further into Rebecca, her website is www.rebeccasparrow.com.au and her Facebook page is https://www.facebook.com/RebeccaSparrowWriter. We highly recommend following her if you're on Facebook.

The link to purchase a ticket to the zoom event is here:

https://www.trybooking.com/BMPEG

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wideview public school canteen



CANTEEN NEWS

MORE LUNCH OPTIONS / MORE HEALTHY CHOICES

healthy kids are happy kids

Missing a lunch?

Just a reminder to please check the "delivery date" when you order lunches. It is very easy to order on the wrong day and we are getting a few hungry kids coming to the canteen:)





Thanks to those who are picking up sushi and filling in other spots.

Use the SIGNUP link on our Canteen Facebook Page to fill in a spot quick!

Now's the time to let us know if you'd like to volunteer in 2021:)

Follow us on Facebook to stay up to date: WWW.FACEBOOK.COM/CAFE4KIDS

Order Online



Easy with QKR, download, create profile and good to go!