



## Wideview Public School

Learn Wisely Live Proudly

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### Messages from the Principal



On behalf of our staff, I would like to wish all of our mums and grandmothers a happy Mothers' Day this coming Sunday. I do hope your little treasures spoil you and bring you even more joy than usual and a day filled with happiness. Thank you to Mrs Quick, one of our wonderful parent volunteers, for organising the Mothers' Day stall for the children and to the other parents who assisted with this.

### Keeping Healthy Throughout Winter

At this time of year, students may start to pick up colds. We have learnt a great deal about hand hygiene, reducing physical contact and blowing noses, sneezing and coughing appropriately to minimise infecting others. Please remind your children how to keep themselves and others well. Of course, a healthy diet, plenty of sleep and sufficient exercise also help students to stay well.

### Enrolment

Families are starting to enrol via the online enrolment system for Kindergarten 2022. If you know families who may have children that will attend Wideview, please point them in the direction of our school website and the enrolment tab to complete the process online.

All families need to be aware that the new enrolment policy regarding out of area enrolments is being followed by all schools now which will impact on out of area siblings who will no longer be entitled to enrol at the same school as their brothers and sisters. If you have questions or need assistance with the enrolment procedure please contact the school.

### Opportunity Class Closing

Parents of students in Year 4 are advised that the OC online applications close on Friday 7 May 2021. Late applications cannot be accepted. The Opportunity Class Placement Test will be held on Wednesday 21 July 2021. Applications can be made at: <https://shsoc.education.nsw.gov.au>

In today's busy life we sometimes lose sight of the significance we play in our children's lives. This is an excerpt of an article in [Parents Magazine](#) by Harley A. Rotbart, M.D. that brings out how little time we actually get with our own children.

## How To Spend More Quality Time With Your Child

Although the days with little kids often seem long, the years fly by. Use this practical and purposeful blueprint to savour the moments you have together. The ten o'clock news hasn't even started, but you're too exhausted to watch -- who can stay awake that late? Car pools, lunch bags, after-school activities, dinner, homework, bath time, bedtime. All on top of your own job (or jobs) and the other realities of adulthood. You have just enough energy left to drag yourself to bed so you can wake early and start the routine all over again. Each day with young kids feels like a week, each week like a month.

Yet as every birthday passes, the years seem to be streaking by at warp speed. Five-month olds become 5-year-olds in the blink of an eye, and then 15-year-olds. This inexorable march of time that turns babies into big kids is the "other" biological clock facing young couples. Every day brings new growth, new milestones, and new wonderment, but the challenges of juggling our adult lives often prevent us from fully appreciating the delicate nuances of childhood.

We've heard about slow parenting, attachment parenting, and tiger moms. However, over my past 30 years as a paediatrician, I have learned that there is a single truth that applies to any parenting philosophy: Your children need to spend meaningful time with you. They need to see who you are and how you live your life. And in return, they will help you to better see who you are.

When you add up all the time your kids spend in school, asleep, at friends' homes, with babysitters, and otherwise occupied with activities that don't include you, the remaining moments become especially precious. There are only 940 Saturdays between a child's birth and leaving for university. That may sound like a lot, but how many have you already used up? If your child is 5 years old, 260 Saturdays are gone. Poof! And the older your kids get, the busier their Saturdays are with friends and activities. Ditto Sundays. And what about weekdays? Depending on your children's ages and whether you work outside the home, there may be as few as one or two hours a day during the week for you to spend with them. However, instead of worrying about how many minutes you can spend with your children each day, focus on turning those minutes into memorable moments. Parents often compensate for having such a small quantity of time by scheduling "quality time." Two hours at the nature reserve. An afternoon at the movies. Dinner at a restaurant. But the truth is that quality time may occur when you least expect it -- yes, at the nature reserve, but also in the car on the way to ballet practice.

Try this mental trick to help you readjust your thinking: In the course of a crazy day, imagine your biological parenthood clock wound forward to the time when your children have grown and have left home. Picture their tousled bedrooms as clean and empty. See the backseat of the car vacuumed and without a car seat or crumbs. Playroom shelves neatly stacked with dusty toys. Laundry under control. Then rewind the imaginary clock back to now, and see today's minutes of mayhem for what they are: finite and fleeting. Not every day with your kids will be perfect, but hopefully one day you will greet their departure with a profound sense of satisfaction because you've given them what they need to succeed and also given yourself what



you need to feel like a successful parent. Although I don't know how to slow down time, I do have some ideas about how to optimize the time you spend with your kids -- while they are still tucked into their beds, where you can peek at them before you go to sleep.

Follow the Parents Magazine link above to read the full article.

Regards,

Mr McTernan

## Enviromentors Incursion

This week stage 1 and 2 classes participated in an incursion run by Hornsby Council. The students enjoyed learning about the importance of placing rubbish in the bins, recycling and the impact that this has on keeping our water ways clean and safe.



## Welcome to the Wideview STEM Garden

In 2020, our school applied for the NSW Sustainable Schools Grant. The grant has been designed for schools to promote sustainability as a mindset, an endeavour, a practice and as a lasting culture.

Last term we were notified of our success – we are now part of 2021 NSW Sustainable Schools program.

The grant provides the necessary start-up funds for Phase 1 of the STEM garden:

- Building infrastructure for our gardens;
- Creating a variety of sustainability projects throughout the school;
- Training staff in sustainable land practices as well as 'Caring for Country'; and
- Enabling the school to purchase equipment and materials to foster 'hands on' sustainability projects that are linked to the NSW Curriculum.



We want to encourage a lifelong attitude and culture of sustainability for all students at Wideview Public School.

Over the next five weeks, I will share more about what our STEM garden will look like.

Mr Parks

STEM Garden Co-ordinator

## School Photos

School Photography day is Thursday, 20 May. Envelopes from The School Photographer have been handed out in class today. If you would like a sibling photograph please collect an the order form from the office.

Students are required to wear Winter Uniform on the day.

## Stewart House Donation Drive 2021

Envelopes for donations were distributed in Term 2 Week 1, donations support the children who attend Stewart House from public schools across NSW and ACT, and there is a prize to be won if donating. **Please ensure they are returned to the school office by Monday, 17 May.**

## COVID Symptoms and absences

In accordance with advice from NSW Health, parents and carers are reminded NOT to send children to school if they are unwell, even if they have the mildest flu-like symptoms. Schools will make arrangements for any students showing any symptoms to be collected. NSW Health have requested that schools encourage anyone who has even mild flu-like symptoms, to arrange to be tested through their local medical practitioner or one of the COVID-19 clinics.

Symptoms include:

- Fever
- Cough
- Sore or scratchy throat
- Shortness of breath
- Loss of smell/taste

Students with flu-like symptoms will need to provide a copy of a negative COVID-19 test result before being permitted to return to school. We ask that you please forward results to the office at [wideview-p.school@det.nsw.edu.au](mailto:wideview-p.school@det.nsw.edu.au) please DO NOT send to the class teacher. **When completing an absence note we kindly ask that you please be specific in terms of reasons , if only 'unwell' or 'sick' is noted the school will need to contact you for further information.**

Parents are also reminded that students should not return until symptom free, regardless of whether they require a COVID test or not.

## Winter Sports—Years 3 to 6

All Winter Sports (PSSA and Warrina St) have been cancelled Friday, 7 May due to wet weather.

Canteen Orders will be as per normal.

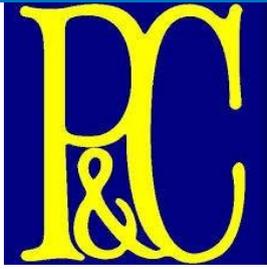
## School Calendar

The Calendar is updated each week. Please check regularly for any additions or changes which will be marked in red for your convenience.

<b>Term 2 2021</b>		
<b>May</b>		
Tues, Wed & Thurs	11, 12 & 13 May	Yrs 3 & 5 Naplan
<b>Monday</b>	<b>10 May</b>	<b>Cross Country</b>
Tuesday	18 May	Stage 3—State Library Excursion
Thursday	20 May	School Photography Day
<b>Monday</b>	<b>31 May</b>	<b>Stage 1 - Zoo Excursion</b>
<b>June</b>		
Thursday	10 June	Florimos
<b>Tuesday</b>	<b>22 June</b>	<b>Cultural Infusion - NAIDOC Week Incursion</b>
Friday	25 June	Last day of Term 2

## Merit Awards

<b>KGM</b>	Tegan M, Oliver W	<b>KH</b>		<b>KS</b>	Sophie B, Rumi L
<b>1P</b>		<b>1S</b>		<b>1/2F</b>	Sophie N, Josh S
<b>2C</b>	Will D, Anastasia G	<b>2D</b>	Isaac V, Zeke G	<b>3H</b>	
<b>3T</b>		<b>4LA</b>	Evan B, Sam H, Darya A	<b>4/5AV</b>	Dylan Y, Cody R, Jack W
<b>5C</b>	Arabella F, Sam B	<b>5/6J</b>		<b>6H</b>	Thomas B, Tom M, Tom I
<b>6L</b>		<b>Library</b>			



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[www.facebook.com/WideviewPublicSchoolPandCEvents/](http://www.facebook.com/WideviewPublicSchoolPandCEvents/)

## P&C Update

**Next P&C Meeting Monday, 17 May in the library this will be our AGM**

### P&C AGM

Now that all our new families have settled into school life here at Wideview, why not take this wonderful opportunity to come and join our fabulous P&C. Our AGM is coming around very quickly and will be held on Monday, 17 May at 7pm in the school library.

P&C members contribute to the school in many ways, joining is a great way to support your child's education. Joining is easy, just deposit 50c into the P&C bank account or via Qkr! (bank transfer preferred) and come along to help us help our school and our children's education.

All volunteer positions will be vacated at the AGM with nomination for the roles opened and then a vote to occur.

Roles are:

President Vice President x 2

Treasurer Secretary

Volunteer / WWCC coordinator Grounds Coordinator

Canteen Subcommittee Chair, Secretary, Treasurer and at least 2 General Members

Uniform Shop Subcommittee Chair, Secretary, Treasurer and at least 2 General Members

Band Subcommittee Chair, Secretary, Treasurer and at least 2 General Members

WOOSHC Subcommittee Chair, Secretary, Treasurer and at least 2 General Members.

If you'd like to put your hand up for a role, you're welcome to self-nominate at the meeting or have someone else nominate you. At the AGM we also ratify the nomination and voting process from the WOOSHC AGM. All members who wish to remain P&C members and have voting roles will need to repay their 50c at the May meeting preferably via the P&C Bank Account, if you would like these details, please email us [wideviewpandc@gmail.com](mailto:wideviewpandc@gmail.com)

## Mother's Day Stall

Thank you to all the fabulous volunteers who made the Mothers' Day stall a success. The kids had a great time picking out gifts for Mum or their other significant female, and we hope all of our Wideview Mums / Carers are spoiled this Sunday. Enjoy your gifts and delicious treats.

Special thanks to Brynn for organising the Mothers' Day stall and Kel and Tina for helping behind the scenes too.



## WOOSHC AGM

The WOOSHC AGM will be held on Wednesday, 12 May at 6.30pm in the WOOSHC building. All welcome.

## Wideview Uniform Shop News

### Shop Opening hours

Monday 2:30 – 3:30pm

Friday 8:45 – 10:00am

Please sign in when you visit the shop.

### Contact Details

Email [wideviewuniform@gmail.com](mailto:wideviewuniform@gmail.com)

Facebook <https://www.facebook.com/wideviewuniformshop>



**Are you free  
9-10am on  
a Friday?**

**Please contact  
the Uniform Shop  
to help out.**



# Cafe 4 Kids

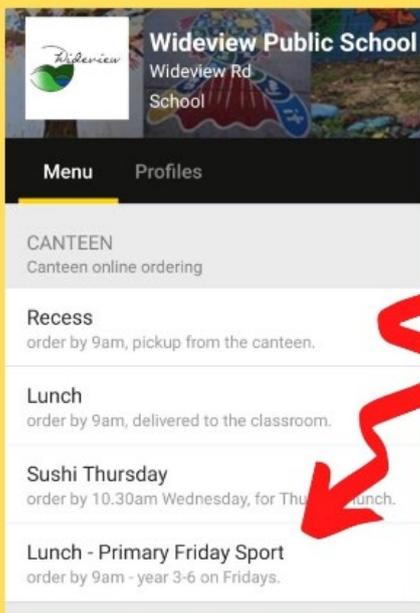
Wideview Canteen

## Update for FRIDAY LUNCH ORDERS

With the introduction of sport at Warrina Street Oval for all primary children not involved in HZSS (PSSA), all Friday lunch orders for primary (3-6) children now need to be done via our NEW Menu in QKR

### **Lunch - Primary Friday Sport**

Infants (K-2) orders can still be made through the Lunch menu.



*Thank you for helping us as the canteen navigates the new sports program in term 2 & 3.*