



## Wideview Public School

Learn Wisely Live Proudly

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### Messages from the Principal

#### Playing Our Part to Build a National Picture of Child Health - Kindergarten

Our school, along with thousands of others across the country, are involved in the fifth Australian Early Development Census (AEDC). The AEDC gives us a national picture of the development, health and wellbeing of Kindergarten children in their first year of full-time school. Since 2009, the census results have helped communities, schools and governments plan services and develop better policies to target support for children and families. Children don't miss any class time, and parents/carers don't need to supply schools with any new information for the census. The AEDC gives us data at a school and community level - it isn't an assessment of individual children. Some teachers have also noticed that completing the assessments made them more aware of the needs of individual children and the class as a whole and that the census results are useful in planning for transitions to Year 1 and developing class programs. Participation in the AEDC is voluntary. Parents/carers don't need to take any action unless they choose not to include their children in the census. To find out more about the census and how communities are using the data to help children and families visit the AEDC website: [www.aedc.gov.au](http://www.aedc.gov.au).

#### NAPLAN

This week our students in Year 3 and Year 5 join thousands around the nation in sitting the final sessions of the **NAPLAN** test. Much has been written about the pros and cons of such formal testing but I'd once again like to make my views clear. The NAPLAN test only captures a snapshot of student's progress in literacy and numeracy on a given day. While it certainly provides useful data about the teaching and learning within a school, it should never be taken as the 'be all and end all' of assessing how effectively a school is performing. NAPLAN data doesn't tell us anything about a student's talents or abilities, for example, in sport, music, dance, drama, languages, computers or public speaking. It certainly tells us very little to nothing about the key skills of modern learning, such as creativity, real world problem solving or collaboration. Nor does it tell us how well students interact and engage with others, and it tells us nothing about the positive and caring learning environment that exists in a school such as Wideview Public School.

Regardless of how well each individual student performs in the test, the main thing students need to know is that we are all very proud of each and every one of them for the efforts they make to learn every day and that they come to this wonderful school.

## The role of a Mother

I know for many of us Mother's Day is just a distant memory but I stumbled across this the other day and thought it very relevant not just for Mother's Day but for every day of a Mother's Life

Job description for a Mother.

'Miracle worker required for challenging permanent work in a very busy household, permanent position no previous experience or training required.'

Additional responsibilities and skills required:

**Nanny** – must be 100% flexible in every way, caring, be able to instil discipline, have the patience of a saint, have amazing organisational skills and the ability to multi task is essential. Must have a strong stomach.

**Teacher** – must be able to deliver inspirational explanations for mundane questions, have great ideas for new activities, know everything and always have a good answer ready.

**Cook** – an understanding of what the child will not eat on any given day despite liking it before is essential. Must not be offended if meals end up uneaten.

**Shopper** – the ability to buy only what is on the shopping list and not what the children demand.

**Cleaner** – a knowledge of how to remove every form of dirt is essential.

**Nurse** – must be caring, a good listener, have first aid knowledge and excellent 'rubbing it better' skills.

**Counsellor** – good listening skills are essential, the ability to turn the other cheek and be good at family and group counselling.

**Negotiator** – must have excellent negotiation skills.

**Friend** – must have the ability to play and be silly, sing silly songs, dress up and possess unlimited amounts of kindness.

## Taxi Driver

**Hours:** 24 hours a day, 7 days a week

**Annual leave:** nil

**Salary:** \$0 (You pay them).

## Health and Safety at Wideview

**Dogs**, as much as we may love them, **are not permitted on school grounds** at any time. The only exception are genuine assistance dogs, such as guide dogs.

The Council rangers may be called if a dog is seen on the school grounds.

**Making school parking easier:** parking safely around our school helps keep us all safe. Better yet, parking a few streets away or car-pooling will provide even more benefits. Parking away from the immediate school zone reduces congestion in and around school entry/exit points.

When picking up children also be mindful of the school crossing zone. Waiting for your children adjacent to the crossing can cause indecision by motorists which could ultimately lead to an accident to our students.

Please consider waiting a little further way from the gate and crossing. After all the safety of all our families and children is of the most importance.

Regards,

Mr McTernan

## May is HSD Awareness Month - but what is HSD?

Hypermobility Spectrum Disorder [HSD] primarily describes the relationship between joint hypermobility, joint dislocations/subluxations, musculoskeletal injuries, and pain, in the absence of a diagnosis of Ehlers-Danlos syndrome [EDS] or other heritable disorder of connective tissue, or other primary reason for joint instability.

Like EDS, HSD is associated with several co-morbidities. Among the most common of these are nausea, vomiting, acid reflux, bloating, pain, and absorption and food intolerance concerns; autonomic disturbances of heart rate and blood pressure, bowel and bladder function, and temperature regulation; anxiety, depression, and phobias; and organ / systemic inflammation related to mast cell activation. These associations are very real; they seriously affect quality of life and they need to be managed as part of treatment. These additional problems need to be evaluated and treated when an HSD is diagnosed.

Learn more about trauma, chronic pain, disturbed proprioception, and other musculoskeletal traits at <https://www.ehlers-danlos.com/what-is-hsd/>.

## STEM Garden: Produce gardens



One idea that we would like to explore as a school is developing a series of produce gardens around the school.

We have currently bought 8 garden beds from Frank's Garden Beds. We are awaiting a landscaping quote before we can install these beds in the primary quadrangle and the meadow behind the Kindergarten rooms.

By using plants for food production, students gain an understanding of the resources and care required to produce the food they eat. These gardens will also be closely aligned with the work of our Waste Warriors. Beside Trash-free Tuesdays, collecting bread clips and batteries for recycling, Waste Warriors are using our left-over food scraps as a resource for our composting program. This compost will be used in our produce garden program.

Once the gardens have been installed and established, we will start the school's gardening club on Tuesday and Thursday at lunchtime.

Mr Parks

STEM Garden co-ordinator

## HZSS Update

Unfortunately our opening round of sport was marred by an incident involving a parent and one of our teachers. Hornsby Heights contacted us apologising for the incident, like all Hornsby Zone schools they have the Code of Conduct in place too. These teachers give up so much of their time to provide wonderful sporting opportunities for our children and deserve our thanks and support. We are very grateful to have the incredible support from our wonderful Wideview parents and community.

A timely reminder that as part of our PBEL program any student that has been involved in unacceptable behaviour may be excluded from representative sport that week. If the behaviour continues they may be excluded for the season.

## Stage 3 Excursion to the State Library

On Tuesday, 18 May, Stage 3 set out on an adventure to the City. The weather was glorious and spirits were high as we boarded the bus. The trip was very smooth as we used the new North Connex and we arrived ready to view the State Library of NSW and visit Hyde Park.

We split into two groups. Year 6 first had a tour of the State Library, which was a new experience for most people. It is a majestic old building that houses over 2 million books. Its stately image was quite magical and almost felt like something out of a movie. We viewed many primary sources about significant Australians and got to explore different parts of the building.

While Year 6 were on their tour, Year 5 did a city walk through Hyde Park, taking notes and making observations about some of the historical places such as Hyde Park Barracks, the Mint and the ANZAC memorial in Hyde Park. We then zoomed back to the Library for our tour and Year 6 went on their walk.

We enjoyed a lovely picnic lunch in the Botanical Gardens, enjoying the sunshine and lush gardens. It was a special and memorable day.

Thank you to Mrs Griffin, Mr Carlos, Mrs Lukachich and Mr Harpur who joined me on the excursion.

Mrs Chapman



## Zone Cross Country—17 May

It was with great excitement that Mrs Griffin and I took a team of 48 students to our Hornsby Zone Cross Country. The students all did an amazing job and gave their very best. There were some very exciting races and we were so impressed to see 3 of our Wideview students move onto the next level of Area.

Congratulations to Tyler C Yr 3, Alex B Yr 6 and Annabelle S Yr 6 who will be representing Wideview on 4 June at Gosford Racecourse.

A huge thank you goes out to all the parents who came along to support their children and especially Mr Carl Glendining who transported our shade shelter to and from the carnival. Thanks Carl!

Well done to all our amazing team!

Area will be on Friday, 4 June.



## COVID Symptoms and absences

In accordance with advice from NSW Health, parents and carers are reminded NOT to send children to school if they are unwell, even if they have the mildest flu-like symptoms. Schools will make arrangements for any students showing any symptoms to be collected. NSW Health have requested that schools encourage anyone who has even mild flu-like symptoms, to arrange to be tested through their local medical practitioner or one of the COVID-19 clinics.

Symptoms include:

- Fever
- Cough
- Sore or scratchy throat
- Shortness of breath
- Loss of smell/taste

Students with flu-like symptoms will need to provide a copy of a negative COVID-19 test result before being permitted to return to school. We ask that you please forward results to the office at [wideview-p.school@det.nsw.edu.au](mailto:wideview-p.school@det.nsw.edu.au) please DO NOT send to the class teacher. **When completing an absence note we kindly ask that you please be specific in terms of reasons , if only 'unwell' or 'sick' is noted the school will need to contact you for further information.**

Parents are also reminded that students should not return until symptom free, regardless of whether they require a COVID test or not.

## Years 3 to 6 Winter Sports

Reminder for all Years 3 to 6, canteen lunches need to be ordered via the new menu in QKR! - Primary Friday Sport

### HZSS (formerly PSSA)

First games start approx. 12.45pm last games finish approx. 2.30pm

#### Round 3, 21 May Venues

Netball	Football/Soccer	AFL
vs Waitara at Waitara School	vs Waitara at North Turrumurra Recreational Area (NTRA)	Foxglove Oval: Jnr & Snr Boys Parklands Oval: All age girls & boys/mixed

The HZSS 2021 winter draw has been attached and also uploaded to the school website

### School Calendar

The Calendar is updated each week. Please check regularly for any additions or changes which will be marked in red for your convenience.

<b>Term 2 2021</b>		
<b>May</b>		
<b>Monday</b>	<b>31 May</b>	<b>Stage 1 - Zoo Excursion</b>
<b>June</b>		
<b>Friday</b>	<b>4 June</b>	<b>Area Cross Country</b>
<b>Thursday</b>	<b>10 June</b>	<b>Florimos</b>
<b>Tuesday</b>	<b>22 June</b>	<b>Cultural Infusion - NAIDOC Week Incursion</b>
<b>Friday</b>	<b>25 June</b>	<b>Last day of Term 2</b>
<b>Term 3 2021</b>		
<b>July</b>		
<b>Tuesday</b>	<b>13 July</b>	<b>Students Return</b>

## Merit Awards

<b>KGM</b>	Olivia R, Tylo S	<b>KH</b>	Lewis F, Jack S	<b>KS</b>	Matilda W, Jordan S
<b>1P</b>		<b>1S</b>		<b>1/2F</b>	
<b>2C</b>	Holly F, Edwin H	<b>2D</b>	Campbell A, Rocco G	<b>3H</b>	Joey D, Nathan T, Ava B, Fraser D
<b>3T</b>		<b>4LA</b>	Ella W, Mika K, Matilda G	<b>4/5AV</b>	Maddie S, Bailey B
<b>5C</b>		<b>5/6J</b>		<b>6H</b>	Lizzie G, Thomas B
<b>6L</b>	Maeve C, Harry D	<b>Library</b>			

# HZSS Winter Football & Netball Draw 2021

## TERM 2

### Round 1: 7<sup>th</sup> May (Week 3)

Home	Away	Football Venue	Netball Venue
Cowan	Wideview	Brooklyn Oval	BYE

### Round 2: 14<sup>th</sup> May (Week 4)

Home	Away	Football Venue	Netball Venue
Hornsby Heights	Wideview	Montview	Montview

### Round 3: 21<sup>st</sup> May (Week 5)

Home	Away	Football Venue	Netball Venue
Waitara	Wideview	North Turramurra Recreational Area (NTRA)	Waitara School

### Round 4: 28<sup>th</sup> May (Week 6)

Home	Away	Football Venue	Netball Venue
Warrawee	Wideview	Auluba	Warrawee School

### No game – Area Cross Country (Week 7)

### Round 5: 11<sup>th</sup> June (Week 8)

Home	Away	Football Venue	Netball Venue
Wideview	Mt Kuring-gai	Berowra Oval	Warrina St Netball Courts

### Round 6: 18<sup>th</sup> June (Week 9)

Home	Away	Football Venue	Netball Venue
Wideview	Wahroonga	Berowra Oval	Warrina St Netball Courts

### Round 7: 25<sup>th</sup> June (Week 10)

Home	Away	Football Venue	Netball Venue
Wideview	Mt Colah	Berowra Oval	Warrina St Netball Courts

## AFL

Foxglove Oval: Jnr & Snr Boys

Parklands: All age Girls & boys/mixed

# HZSS Winter Football & Netball Draw 2021

## TERM 3

### Round 8: 16<sup>th</sup> July (Week 1)

Home	Away	Football Venue	Netball Venue
Wideview	Berowra	Berowra Oval	Warrina St Netball Courts

### Round 9: 23<sup>rd</sup> July (Week 2)

Home	Away	Football Venue	Netball Venue
Wideview	Turrumurra North	Berowra Oval	Warrina St Netball Courts

### Round 10: 30<sup>th</sup> July (Week 3)

Home	Away	Football Venue	Netball Venue
Wideview		BYE	BYE

### Round 11: 6<sup>th</sup> August (Week 4)

Home	Away	Football Venue	Netball Venue
Asquith	Wideview	Asquith Oval	Asquith School

### Round 12: 13<sup>th</sup> August (Week 5)

Home	Away	Football Venue	Netball Venue
Turrumurra	Wideview	Auluba	Turrumurra School

### No game – Zone Athletics (Week 6)

### Round 13: 27<sup>th</sup> August (Week 7)

Home	Away	Football Venue	Netball Venue
Wideview	Brooklyn	Berowra Oval	Warrina St Netball Courts

### Round 14: 3 September (Week 8)

Home	Away	Football Venue	Netball Venue
Hornsby South	Wideview	Montview	Montview

Semi's and Grand Finals TBA with further information to come

## AFL

**Foxglove Oval: Jnr & Snr Boys**

**Parklands: All age Girls & boys/mixed**